



Y RHWYDWAITH YMCHWIL
IECHYD MEWN YSGOLION

SCHOOL HEALTH
RESEARCH NETWORK

SHRN 2024 Data collection Webinar Information for primary schools

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The School Health Research Network (SHRN)

A strategic partnership with **Public Health Wales**, funded by **Welsh Government** and integrated with **The Welsh Network of Health and Well-being Promoting Schools (WNHWPS)**.

Brings **schools with academia, policymakers and practitioners from health and education** together to promote evidence informed approaches to improving children's and young people's health and well-being in school settings.

Cited in over 30 Welsh Government policies and strategies as providing support for the delivery and evaluation of health and well-being policy agendas and interventions including the **Whole-School Approach to Mental Health and Well-being (2021)** and **Estyn's Healthy and Happy Report (2019)**.



The School Health Research Network (SHRN)

What we do to improve children's health and well-being ...

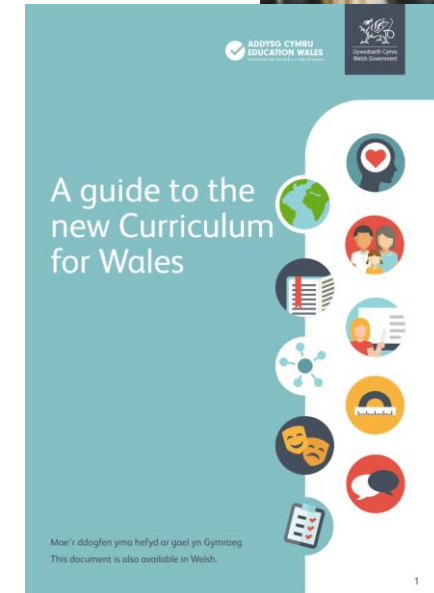
- Provide robust and bespoke health and well-being data for schools, regional and national stakeholders.
- Provide a national infrastructure to co-produce high quality school-based health and well-being research.
- Generate new research evidence on how best to improve children's and young people's health and well-being in the school settings.
- Facilitate the translation of school health and well-being research evidence into practice for health and well-being improvement.



The School Health Research Network (SHRN)

SHRN plays a significant role in the development and delivery of the **Curriculum for Wales Health and Well-being Area of Learning and Experience**, as well as the planning, delivery, monitoring, and evaluation of the **Whole-School Approach to Emotional and Mental Well-being**.

Framework on embedding
a whole-school approach to
emotional and mental well-being

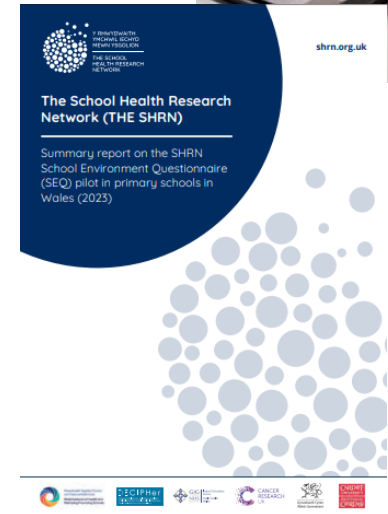


The School Health Research Network (SHRN)

SHRN provides...

A data strategy for self-evaluation and school improvement:

- School level reports to enable schools to target their response and prioritise their learners' health and well-being.
- An evidence-based framework that enables schools to measure objectively and apply data universally to all.
- Monitoring of the health and wellbeing of vulnerable population subgroups.

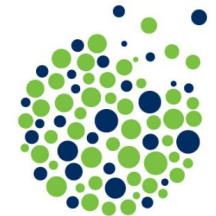


The School Health Research Network (SHRN)

SHRN provides...

Professional development and networking opportunities:

- Opportunities for purposeful collaboration with like-minded schools.
- Support for school cluster approaches enabling action planning, evaluation, and feedback.
- Engagement with practitioners, researchers, and policymakers.
- Access to SHRN resources and events.



The School Health Research Network (SHRN)

SHRN provides ...

The Translation of school health and well-being research evidence into practice:

- SHRN aggregated and anonymised reports to enable data sharing and discussions with key stakeholders in the school community.
- Integration with WNHWPS informs work at national, regional, and local levels.
- Key data for Public Health Wales to identify what works to improve health and well-being in schools.



The School Health Research Network (SHRN)

SHRN supports...

The Whole-school Approach to Emotional and Mental Well-being and The Curriculum for Wales:

- A data led practice infrastructure to positively influence children's health and well-being within the whole-school approach.
- A targeted approach to Personal and Social Education (PSE) as data can be viewed according to year group and genders.



The School Health Research Network (SHRN)

SHRN Supports...

School culture development:

- Co-production- providing data that can help to ensure pupil voice is heard, evidenced and factored into school planning.
- Supporting cultures of reassurance and empathy.
- Consent and safeguarding. Our research has been reviewed and approved by Cardiff University Ethics Committee.
- Encouraging confident discussions about health and well-being priorities at all levels of the school community.



The School Health Research Network (SHRN)

Find out more by reading our brochures...

visit shrn.org.uk

The School Health Research Network (SHRN)

A research and evidence-based approach to improving young people's health and well-being in school settings.

Recent examples of our success stories and impact.

The School Health Research Network (SHRN)

A policy, practice and academic partnership supporting children's and young people's health and well-being in primary and secondary schools across Wales.

An outline for primary schools



For further information please contact :

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